Head of LINK19 College:

Miss Denise Moore
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Dear Parents/Carers

## Coronavirus Update

We hope our learners and their families are keeping well.

It has been a long while since we wrote to parents in relation to Covid-19. We are writing to inform you that a member of staff within our Sixth Form and LINK19 provision, based at North Kent College has tested positive for Covid-19 following a twice weekly lateral flow test. As a result, the staff who have been in close contact with the member of staff have begun self-isolation. We can confirm that no learners have been in close contact with the staff member and therefore, no class bubble has closed as a result.

We are pleased to share that the member of our school community is currently at home and displaying no symptoms of Covid-19.

We would like to assure all parents that we are continuously and closely following the school's and the LINK Centre's risk assessments in line with Public Health England and government guidelines.

We would like to reassure parents that we continue to make decisions based on the best interests of learners and staff.

It is vital that all parents/carers remain vigilant for the most common symptoms of Coronavirus which are listed below:

- High temperature - this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- New, continuous cough - this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- Loss or change to your sense of smell or taste - this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

If your young person or one of your family members has one of the symptoms above, please inform a member of the leadership team immediately.

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## What to do if your child develops symptoms of Covid-19

If your young person develops symptoms of Covid-19, they must not come to college and should remain at home for at least 10 days from the day after their symptoms appeared. Anyone with symptoms will be eligible for a PCR test (the normally available test type) and this can be arranged via https://www.nhs.uk/ask-for-a-coronavirus-test or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

Further information is available at: https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection

The 10-day period starts from the day after the first person in the house became unwell or tests positive.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

## How to stop Covid-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with becoming unwell with Covid-19.

- wash your hands with soap and water often - do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

If any parent/carer would like to speak to a member of the leadership team, please do not hesitate to contact the LINK Centre.

Thank you for your continued support.

Entrance via Dering Way
Gravesend
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Yours faithfully

Miss Denise Moore
Head of LINK19

