



# PSHE



*We aim to enable learners to become healthy, independent and responsible members of a society who understand how they are developing personally and socially, and give them confidence to tackle many of the moral, social and cultural issues that they face as adults.*

**Quality of Education:** To ensure safeguarding, equality, diversity, careers, and online safety are delivered organically throughout the curriculum

Learners will . . .

- be aware of themselves as individuals
- demonstrate personal attributes such as self- esteem, resilience, self-confidence and skills such as managing risks, and decision making
- understand the importance of making and maintaining healthy relationships and recognise unhealthy relationships
- recognise inappropriate behaviour towards them or others and be able to access help when and if needed.
- understand what contributes to a healthy and safe lifestyle, including sex education
- play an active role as good citizens
- identify sources of support within the community for a range of mental health issues
- be aware of abuse, gender related issues and gang violence
- develop the knowledge and understanding of 'prevent' and gain skills to keep themselves safe at home, online and out in the community
- understand the concepts of consent, equality, discrimination, power and exploitation
- use language, skills and strategies to enable them to tackle and mitigate risks to their own (or others') physical or emotional safety including bullying, sexual exploitation, gangs, radicalisation, drug and alcohol use and other risky behaviour
- recognise their own strengths and set their own goals and develop aspirations for the future.



- have a good knowledge and understanding of the PHSE curriculum
- promote the spiritual, moral, cultural, mental and physical development of learners
- know where learners are in their learning and their next steps
- ensure that **ALL** learners are challenged
- plan lessons applicable to real life context and develop critical thinking skills
- promote and provide support on mental health and wellbeing
- achieve depth of learning in every lesson.
- promote appropriate discussion about the subject matter they are teaching
- provide learners with opportunities and real-life scenarios to practise and generalise their learning
- provide appropriate levels of support to encourage independence
- allow learners to learn and practice skills in a range of environments
- provide opportunities to experience new situations and guide responses to these
- provide opportunities for the learners to self-advocate and promote learner voice in learning.
- Ensure learners are aware of key safeguarding topics, who to approach if they have a concern and how to report.

Teachers will . . .

*Increasing the opportunities for employment and independence in adulthood within a supportive learning environment*

